



WORKSHOPS BY TLC LEADERSHIP GROUP

Engagement is subject to acceptance of TLC Leadership Group's standard Terms and Conditions, provided separately.

Our Global Team

TLC Leadership Group brings together a diverse team of experienced coaches and facilitators across Australia, Europe, and the United States, so we can support leaders wherever they are.



Thilan Legierse

*Founder & Principal
Coach*

Our Coaching & Facilitation Team



Annet Hoek



Jan Oldenzien



Kate McTaggart



Monique Keuning



Robyn Gifford



Sonia Singh



Vincent Eid

Our global team brings deep experience across leadership, human rights, law, HR, organisational psychology, mediation, coaching, facilitation and real-world executive roles.

Together, we partner with organisations to deliver practical, high-impact leadership development grounded in clarity, connection, and capability.

OUR LEADERSHIP FRAMEWORK

Leadership isn't defined by titles or strategy. It's about showing up, making decisions, and creating a culture where people thrive.

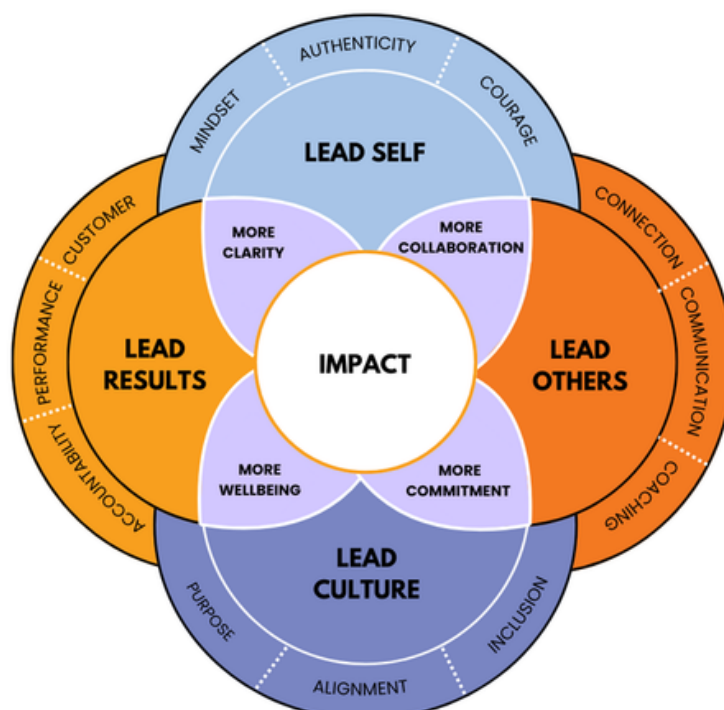
At TLC Leadership Group, we take a holistic, no-fluff approach to leadership:

Lead Self - Confidence starts within. Develop a growth mindset, lead with courage, and build the resilience to back yourself regardless of what challenges come your way.

Lead Others - Great leaders build great teams. Master communication, collaboration, and motivation to create a culture of trust, accountability, and high performance.

Lead Culture - Shape the environment, shape the future. Foster inclusivity, wellbeing, and a values-driven workplace that fuels innovation and long-term success.

Lead Results - Drive performance, build commitment, and exceed expectations. Focus on goal-setting, accountability, and customer satisfaction to create lasting impact and measurable success.



OUR SIGNATURE WORKSHOPS

Workshops	Outcome	Format
Communication Mastery: Influence, Inspire, Lead	Master the art of clear, confident, and strategic communication to increase your influence and drive change. • Leverage DISC for better communication and collaboration • Build trust and influence with persuasion and executive presence • Communicate vision and change in a way that inspires action • Navigate complex conversations with confidence	In Person or Online Full day or two half days
Culture Mastery: Build a resilient, high-performing team culture	Shape a workplace where people thrive, collaborate and drive results by fostering a culture built on trust, alignment, and shared purpose. • Cultivate a culture of psychological safety to boost innovation and engagement • Establish clear values and team alignment to strengthen performance and cohesion • Develop leadership habits that sustain a high-performing, resilient workplace	In Person or Online Full day or two half days
Conflict Mastery: Mediate, Align, Lead	Turn conflict into an opportunity for growth, alignment and stronger relationships. • Mediate workplace conflicts and facilitate constructive discussions • Align teams by reinforcing shared values, collaboration and accountability • Lead confidently in high-stakes, emotionally charged situations • Handle difficult conversations while maintaining trust and authority	In Person or Online Full day or two half days

OUR SIGNATURE WORKSHOPS

Workshops	Outcome	Format
Coaching Mastery: Empower, Develop, Elevate	Develop and motivate your team by integrating coaching in your leadership style. • Empower individuals with a growth mindset and accountability • Develop high-achieving teams through impactful coaching techniques • Elevate leadership effectiveness by building a coaching culture • Apply real-world coaching frameworks to improve performance	In Person or Online Full day or two half days

OUR ONLINE WORKSHOPS

Self-Paced Online Courses	Format
Confident with Conflict	Online self-paced short course
Hardwired for Leadership	Online 6 or 12-month program with self paced and live modules

OUR OTHER WORKSHOPS AND PRESENTATIONS

Leadership & Influence:

- Leadership Lessons from War Zones to Boardrooms – The good, the bad, and the untold
- Positive Leadership in Uncertain Times – Building confidence, influence, and impact
- Leading Through Change – Creating agile and resilient teams
- The Hidden Traps of Leadership – How to avoid the “landmines” that cripple leaders and teams
- From High Achiever to Sustainable Leader – Leading without losing yourself

Conflict & Communication

- Conflict Mastery for Leaders – Turning workplace tensions into opportunities
- Having Difficult Conversations with Confidence – A roadmap to success
- Communication Mastery – Influence, clarity, and connection in leadership
- Dealing with Difficult People – Strategies that work without drama
- Workplace or Warzone? – Mastering conflict to create thriving cultures

OUR OTHER WORKSHOPS AND PRESENTATIONS



Culture & Coaching

- Culture Mastery – How to create psychological safety and accountability in teams
- Coaching Mastery – Unlocking the potential of others
- Building a High-Performance Culture – From silos to synergy
- Creating a Learning Culture – Embedding growth, curiosity, and innovation

Resilience & Wellbeing

- Resilient Leadership – BOUNCE back stronger in the face of setbacks
- Preventing Burnout and Compassion Fatigue – Tools for sustainable leadership
- Managing Stress and Energy – Practical strategies for leaders
- Developing Emotional Intelligence and Agility – Leading with head and heart

Career & Mindset

- Overcoming Imposter Syndrome - From self-doubt to self-acceptance
- Career Building with Purpose - How to stand out, grow, and thrive as a leader



CLIENT REVIEWS

We are confident in the quality and impact of our leadership development and coaching work. We also encourage you to do your own due diligence: you can read what our clients say about working with us through our 50+ five-star [Google reviews](#).

Thilan was a fantastic presenter on workplace conflict. She delivered the session in a very witty, engaging, and informative way that kept the audience interested throughout. Her practical insights and approachable presentation style made complex workplace issues easy to understand and relatable. We would absolutely love to have her back for future offerings.

Alex

Thilan recently presented an incredibly valuable session on "Holding the Line: Communication Skills for Challenging Moments" at our national forum. Attendees commented on the applicability of the content to their work responsibilities and the usefulness of the strategies for delivering better outcomes for those we work to assist, while simultaneously caring for our own wellbeing. Thilan was sensitive to the nuances of our work environment and tailored her delivery to the specific circumstances we navigate. She was professional, punctual and responsive to our needs. We have no hesitation in recommending her as a presenter and look forward to inviting her to work with us again.

Veronica

THANK YOU



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